



Senior Nutrition Program - March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2nd Food Bank 10am-3pm 	3rd Chicken Caesar Salad, Garlic Bread, Tropical Fruit Cocktail, Oatmeal Cookies	4th Food Bank 10am-3pm 	5th Turkey Sandwich on Hoagie Bread with Lettuce and Tomato, Veggie Tray, Vanilla Pudding with Bananas.	6th 
9th Food Bank 10am-3pm 	10 Beef Lasagna, Green Salad, French Green Beans, Bread Sticks, Peaches with Ice Cream.	11 Food Bank 10am-3pm 	12 Chicken Salad Wrap, Carrot Sticks, Mandarin Oranges in Jello with Whipped Cream.	13 Sons of Italy 6:30pm 
16 Food Bank 10am-3pm 	17 St. Patrick's Day! Corned Beef & Cabbage, Red Potatoes, Cooked Carrots, Sliced Apples, Holiday Cupcakes. Fun Party with Brett! Reservations required by February 26th! Bring \$1s for the Raffle!	18 Food Bank 10am-3pm 	19 Pulled Pork Sandwich, Coleslaw, Sliced Pineapple with Ice Cream.	20 
23 Food Bank 10am-3pm 	24 Mac & Cheese, Chicken Tenders, Veggie Tray, Banana Slices, Cookie.	25 Food Bank 10am-3pm _____ Foot Care 9am-1pm	26 Hamburger With Bun, Lettuce, Tomato and Pickle; Steamed Carrots, Chips, Apple Crisp.	27 
30 Food Bank 10am-3pm 	31 Tuna Sandwich, Chicken Noodle Soup, Celery Sticks, Mixed Fruit, Ice Cream.			

Black Diamond Community Center — 31605 Third Ave (SR 169) — Black Diamond
For reservations, call Cheryl, Leslie, James, or Alicia at 360-886-1011.

This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.

BDCC Senior Programs

We're having a St. Patrick's Day Party!!!

Hey Seniors! We are having our world-famous St. Patrick's Day party on Tuesday, March 17th. Brett's Band will be here to serenade you and get you up on your feet with their great music. For lunch we are having one of your favorite meals: Corned Beef & Cabbage, Red Potatoes, Cooked Carrots, Sliced Apples, and Holiday Cupcakes.

Call 360-886-1011 to make your reservations by Thursday, February 26th. Be sure to bring correct change for lunch and your dollar bills for the raffle!



Activities Schedule:

Mondays and Wednesdays —

Food and Clothing Banks are open 10am-3pm.

Tuesdays and Thursdays — The Senior Lunch Program starts with social hour at 11am and lunch is served at 12 noon. **Note:** Please be sure to bring small bills to pay for your lunch, as we do not have a bank in town to make change at. If you are bringing a group, please call a week ahead, so we have enough food purchased.

Friday — The Center is closed, but Sons of Italy meets on the second Friday night of each month, at 6:30pm with dinner at 7pm.

Looking for something fun to do?

We are looking for people to start up fun activity groups, like bingo, cards, pool, and ping pong!



Need help feeding your furry friend?

The BDCC has a pet food bank for low-income seniors. Pet food is limited to dogs and cats, and help is available for up to three pets per household. Dry food is usually provided; canned food is provided if available. Call 360-886-1011 or come by to fill out an application.

Upcoming Monthly Parties:

Our parties fill up fast, so it's always a good idea to plan ahead and make your reservations. Here are the party dates for the rest of the year:

April 9th: Bunny Hop Party and Raffle

May 7th: Mother's Day Party and Raffle

June 18: Father's Day Party and Raffle

July 9th: Fourth of July Party and Raffle

September 3rd: Welcome Fall Party and Raffle

October 29: Halloween Party and Raffle

November 19: Turkey Trot Party and Raffle

December 17: Christmas Party and Raffle

Remember to go to the bank and get your small bills (\$5s and \$1s) ahead of time!

Energy Assistance is Available!

Need help paying your Puget Sound Energy bill? We have Salvation Army vouchers to pay up to \$600 per household. Appointments are available Monday thru Thursday for low-income households in these zip codes: 98010, 98038, 98051, and 98042. The words "Urgent Notice" or "Final Notice" must appear on your letter from Puget Sound Energy. Call us at 360-886-1011 to see if you qualify and to set up an appointment.

Black Diamond Community Center, 360-886-1011
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