

Senior Nutrition Program - December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3rd Walkers 7:30am 	4th Philly Cheese Steak Green Salad Grapes Pinochle after Lunch	5th Walkers 7:30am 	6th Pork Chops Baked Beans Cucumber Tomato Salad Rice Pudding Bingo after Lunch	7th TOPS 9-11am — Tree Light- ing at 6pm, Caroling at 5:30pm.
10 Walkers 7:30am 	11 Chicken Cacciatore Baked Zucchini Wheat Rolls Pears Pinochle after Lunch	12 Walkers 7:30am 	13 Holiday Ham Mashed Potatoes & Gravy Green Beans, Roll Peaches, Ice Cream Stan's Band at 10:30am Reservations Required!!!	14 TOPS 9-11am — Sons of Italy 6:30pm
17 Walkers 7:30am 	18 Beef and Bean Burrito Brown Rice Pinto Beans Strawberries & Yogurt Pinochle after Lunch 	19 Walkers 7:30am 	20 BBQ Chicken Potato/Pasta Salad Baked Beans Tangerines Foot Care Appointments Bingo after Lunch	21 TOPS 9-11am 
24 Walkers 7:30am 	25 Merry Christmas!!! Center Closed 	26 Walkers 7:30am 	27 Steak Ranchero Brown Rice Applesauce Green Salad Bingo after Lunch	28 TOPS 9-11am 
31 Walkers 7:30am	Jan 1st Holiday Center Closed	2nd Walkers 7:30am	3rd New Year's Surprise! Details TBA Bingo after Lunch	4th TOPS 9-11am

Black Diamond Community Center — 31605 Third Ave (SR 169) — Black Diamond
For reservations, call Cheryl, Leslie, or Irene at (360)886-1011.

This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.