

Senior Nutrition Program - May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
30 Walkers 7:30am	1st BBQ Pork Sandwich Green Beans, Appleslaw Oatmeal Raisin Cookie Apricot Nectar Pinochle after Lunch	2nd Walkers 7:30am 	3rd Cajun Chicken Pasta Green Salad Garlic Breadsticks Mixed Citrus Bingo after Lunch	4th TOPS 9am 
7th Walkers 7:30am 	8th Stuffed Bell Pepper Salad Whole Wheat Roll Peach Crisp Pinochle after Lunch	9th Walkers 7:30am	10 Mother's Day Party Shrimp Scampi Linguini Pasta, Breadstick Strawberry Spinach Salad Coconut Cream Pie Reservations Required Dance with Stan's Band Bingo after Lunch	11 TOPS 9am Sons of Italy 6:30pm
14 Walkers 7:30am	15 Baked Cod Scalloped Potatoes Carrot Raisin Salad Broccoli, Roll Tropical Fruit Pinochle after Lunch	16 Walkers 7:30am	17 Ham Spiral Noodles Winter Mix Vegetables Sourdough Bread, Apricots Chocolate Chip Cookie Bingo after Lunch Foot Care Appointments	18 TOPS 9am 
21 Walkers 7:30am	22 Chef Salad Breadsticks, Peaches Apple Juice Orange Sherbet Pinochle after Lunch	23 Walkers 7:30am	24 Roast Beef Mashed Potatoes Asparagus, Roll Fruit Salad	25 TOPS 9am
28 Memorial Day Holiday Center Closed	29 Macaroni & Cheese Brussels Sprouts Wheat Roll Fruit Cocktail Cookie Pinochle after Lunch	30 Walkers 7:30am 	31 Salisbury Steak Mashed Potatoes & Gravy Spinach Salad, Carrots Wheat Roll, Fig Newton Bingo after Lunch	June 1st TOPS 9am 

Black Diamond Community Center — 31605 Third Ave (SR 169) — Black Diamond
For reservations call Cheryl, Leslie, or Irene at 360-886-1011

This Menu is subject to change. Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.