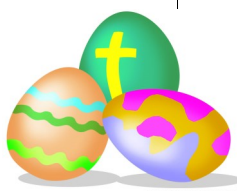





Senior Nutrition Program - April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2nd Walkers 7:30am 	3rd Taco Salad Banana Chocolate Pudding Apple Juice Pinochle after Lunch	4th Walkers 7:30am	5th Beef Pot Roast Red Potatoes 5-Way Veggie Blend Wheat Roll Lemon Bar Bingo after Lunch 	6th TOPS 9am
9th Walkers 7:30am 	10 Navy Bean Soup Ham Sandwich Orange Ice Cream Pinochle after Lunch	11 Walkers 7:30am 	12 Beef Stew Biscuit Green Salad Peaches Orange Juice Bingo after Lunch	13 TOPS 9am Sons of Italy 6:30pm 
16 Walkers 7:30am	17 Smoked Turkey Wrap Mediterranean Pasta Salad Mixed Berries Pinochle after Lunch	18 Walkers 7:30am	19 Kielbasa Roasted Red Potatoes Steamed Cabbage Roll, Tropical Fruit Dance with the Band Bingo after Lunch 	20 TOPS 9am
23 Walkers 7:30am 	24 BBQ Chicken Macaroni Salad Baby Carrots Roll, Apple Slices Pinochle after Lunch	25 Walkers 7:30am	26 Swiss Steak Mashed Potatoes & Gravy Tomatoes & Zucchini Roll, Carrot Cake Bingo after Lunch	27 TOPS 9am 

Black Diamond Community Center — 31605 Third Ave (SR 169) — Black Diamond
For reservations call Cheryl, Leslie, or Irene at 360-886-1011

This Menu is subject to change. Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.